WHAT TO DO WHEN PERSONS NEED HELP

<u>NEEDS</u>	AGENCIES (Revised October 9, 2017)	<u>PHONE</u>
1.When persons need a free hot meal	A. St. Anthony Center, 125 E Willow St., Wmspt., Noon - 1 Monday - Friday B. The New Love Center Cafe at Trinity United Methodist Church,	570-326-2244 570-244-8838
	1407 Allegheny St, Jersey Shore, Light breakfasts and lunches M-F, 8:30 - Noon C. Sojourner Truth Ministries, 501 High St. (side entrance), Wmspt., Hot Meal Light Breakfast & Hot Lunch: Mon Sat. 8:30 a.m 1 p.m., Sun. 2 p.m. Fruit & Vegetables available Tues, Day old Bread/Pastry available Wed.	570-323-1797
	D. Antioch Baptist Church, 514 High St side entrance - Williamsport Breakfast 8:00-9:30 a.m. Lunch: Noon - 12:45 p.m. Weekdays	570-323-2425
	F. West End CCC, 901 Diamond St., Wmspt. 11-12:30, M., T., Wed., F.	570-323-6297
	G. Golden Agers Club, Salvation Army, 457 Market St, T, Th, 9-12	570-326-9187
	H. Christ Episcopal Church, 426 Mulberry St. Wmspt. 1st Saturday supper 4-7 p.m.	570-322-8160
	I. First United Methodist Church, 601 Market St., Wmspt. 5 pm Wednesdays weekly	570-322-3572
	J. St. Paul Calvary United Methodist Church, 1427 Memorial Ave, Wmspt. Supper at 5:30 pm Monthly 3 rd Thursday September - May (use back door)	570-322-5054
	K. Redeemer Lutheran Church, 1101 Washington Blvd, Wmspt. 2 nd Thursdays monthly Supper at 5:30 pm in the basement Social Hall (Washington Blvd. Door)	570-322-2333
	L. <u>Trinity Episcopal Church</u> , 176 Mt. Pleasant Ave. JS, Noon-1 2 nd Sundays-hot lunch	570-398-4007
	M. St. Mark Lutheran Church, 142 Market St. Wmspt, Noon-1, 3 rd Wednesday lunch	570-323-4612
2. When persons	A. <u>United Churches Food Pantry</u> , Rear 320 Park Ave (the Castellano Ctr.) Wmspt. 10:15 a.m 2:30 p.m. Tuesdays and Thursdays. (by appointment)	570-322-1657
need supplies	B. Salvation Army, 457 Market St, Wmspt., 9:30 -11:30 a.m. and 1-2:30 p.m. M W F	570-326-9187
of additional	C. American Rescue Workers, 643 Elmira St, Wmspt. M-Th 9 a.m 4 p.m.	570-323-8401
food	D. New Love Center, 229 S. Broad St. JS, 9-12, 1-3, 2 nd & 4 th Fridays	570-772-3275
	E. Son Light House, 130 Carpenter St, Muncy, 9 am - Noon W, 5-7:30 pm Th, biweekly	570-546-3585
No appointments	F. <u>WIC Program</u> 612 W. 4 th St, Wmspt. M-F, 8-4 Appointment only. No emergencies (For pregnant, postpartum & breast feeding women, and for children up to age 5.	570-322-7656
needed	G. Antioch Baptist Church Pantry, 514 High St., Wmspt, M-F 10-12(call ahead)	570-323-2425
unless noted.	H. West End Food Bank, 911 Diamond St, Wmspt, Call 1st (Incl. 7th Ave to Linden to Duboistown, Cogan Station, Ralston etc.) Noon-3 p.m. the 1st 4 Thursdays monthly	570-323-1891
	I. St. Ann's Mary Carlucci Pantry, 1220 Northway Rd. Wmspt. Rear of church near Grotto Third Saturday monthly from 10-11 am. Will add a weekday each month in 2018.	570-419-5068
	J. Meals on Wheels, Office of the Aging, 2138 Lincoln St., Wmspt. Weekdays 9:00 a.m5 p.m. (Assessments needed - must be homebound and 60+)	570-323-3096
	K. Footprints Food Pantry, Bower Street Ext, Montgomery, 2 nd Thurs, 10-5	570-337-7146
	L. St. Joseph the Worker Parish, 711 West Edwin St., Wmspt. Wed. 4-5 pm.	570-323-9456
	M. Christ Community Worship Center, 436 W 4th St., Wmspt. 2nd Sat. 9-Noon	570-322-7141
	N. Lycoming Cty Assistance Office, 400 Little League Blvd, Wmspt. Food Stamps	570-327-3300
3.When	A. American Rescue Worker's Men's Shelter 643 Elmira Street, Wmspt., 9-4	570-323-8401
persons	B. <u>YWCA</u> (single women only) - 815 W 4th St., Wmspt.	570-322-4637
are	C, <u>Liberty House</u> (women and children) 815 W 4 th St. Wmspt	570-322-4637
homeless	D. <u>Family Promise</u> (For Families) 635 Hepburn St, Wmspt (Office/Day Ctr M-F, 9-5)	570-567-7103
	E. Saving Grace Homeless Shelter: 324 Campbell St, Wmspt. 000000Daily 1 pm - 8 am	570-323-4130
4.When	A. <u>American Rescue Workers</u> Fridays 9-4 (families a priority) By Appointment	570-323-8401
persons	B. Dept. Of Welfare Emergency Housing Funds, 8-5 Weekdays	570-327-3300
need <i>rent</i>	400 Little League Blvd, Wmspt.	877-867-4014
(all limited)	C. Consumer/Advantage Credit Counselingsee contact info in 18-O	See 18-O.
5.When persons	A. Career Link Lycoming & Vetrans Svs, 329 Pine St. Wmspt. M-Th 8:30-4:30, F. 9-4	570-601-5465
need jobs or Employment Skills and Services	B. Counseling Svs Penn College, 1 College Ave., Wmspt. 8-4:30 M-F Career Svs. 570-437-4502, Disability Svs. 570-327-5225	570-327-4765
	C. Office of Vocational Rehabilitation (for eligible persons with disabilities seeking employment) 208 West Third St Suite 102, Wmspt. 8 am 4:30 p.m. Weekdays	570-327-3600
	D. Experience Works, 400 Lycoming St., Wmspt. (For persons 55+) M-Th. 8-3:30	570-321-5811

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6. When <i>Veterans</i> need assistance	 A. The Vet Center (mental health counseling) 49 E 4th St. #104, Wmspt. Weekdays 8-4:30 (Employment requests are referred to Career Link see 13A.) B. VA Medical Clinic - Wenner Bld, 1705 Warren Ave Suite 304, M-F. 8-4:30 C. Lycoming County Veterans Affairs, 330 Pine St Ste 401, Wmspt. (Benefits) D. American Legion Post #1, 10 E 3rd St. Wmspt. 	570-327-5281 570-322-4791 570-327-2365 570-323-9409
	D. American Legion Fost #1, 10 E 5 St. Whispt.	370-323-9409
7. When persons need clothing	A. American Rescue Workers Thrift Store, 141 S. Main St, JS 9-5 M-F, 9-4 Sat B. American Rescue Workers Thrift Store, 335 Rose St., Williamsport (no vouchers) 9 am - 6 p.m. MondayFriday., 9am - 4pm Sat. (Items have a minimal cost)	570-398-4311 570-323-7321
	C. American Rescue Workers Thrift Store, 643 Elmira Street, Williamsport. Weekdays 9am -5pm, Sat 9 am-4pm (Items have a minimal cost)	570-323-8401
	D. Son Light House, 130 Carpenter St, Muncy, 9 am - Noon W, 5-7:30 pm Th, biweekly E. From Our Hands to Yours, For Kids & Adults, 501 High St. (Sojourner Truth) 10-3 M-F	570-546-3585 570-323-1797
	F. Salvation Army Store, 1445 Dewey Ave, Wmspt. Mon Sat 9:30 - 4:30,	570-323-1777
	and 530 Lyc. Mall Drive, Pennsdale M-F 9-6, Sat 9-5	570-546-5509
	G. Daniel's Closet, Redeemer Lutheran Church, 1101 Washington Blvd, Wmspt.	570-322-2333
	Free Clothing for Children and Adults. 9-11 a.m. 4th Saturdays monthly	
	H. West End Christian Community Center, 901 Diamond St, Wmspt. (Nominal fee) Clothes Closet: M-F 9 - 2 & Wed, 4:30-7, Sat 8:30-Noon	570-323-6297
	Shoe Express: 1st, 3rd Sat: 1 sneakers/socks for kids up to 17 (need access card/referral)	
	I. Antioch Baptist Church, 514 High St, Wmspt. Side Entrance, Weekdays 9-1	570-323-2425
	J. Family Promise 635 Hepburn St, Wmspt, Work ready clothing for adults-Weekdays 9-5	570-567-7103
	K. Needlework Guild of Am. (Local Chapter): new outfit, coat or shoes (kids & adults)	570-323-1707
	L. Liberty House Boutique: 815 W 4 th St., Wmspt. W 4-7, Th-F 11-5, Sat 10-2	570-322-4637
	M. Children's Closet: Clothes for Kids 0-6 Castellano Ctr, 320 Park Ave, Wmspt, Tues. 10-2	570-323-9456
8. When persons need	A. <u>Department of Welfare</u> (LIHEAP, Regular and Crisis Programs) 400 Little League Blvd, Wmspt., 8:00 a.m 5 p.m. weekdays	570-327-3497
emergency fuel	B. <u>United Churches Fuel Bank</u> Administered by STEP Outreach 9 - 5 M-F (Person must have applied for State Funding)	570-327-5485
assistance	C. STEP Office of the Aging, 2138 Lincoln St, Wmspt. 9-5 Weekdays, Seniors 60+	570-323-3096
	D. STEP Outreach Office 2138 Lincoln Street, Wmspt. 9-5 weekdays	570-327-5485
9.When	A Son Light House, 130 Carpenter St, Muncy, (when available) 9 am - Noon W, 5-7:30 pm Th, biweekly	570-546-3585
persons	B. American Rescue Workers Store, 643 Elmira St, Wmspt. Monday - Friday 9-5	570-323-8401
need	C. Salvation Army, 530 Lyc. Mall Dr., Pennsdale M-F 9-6, Sat 9-5 (vouchers)	570-546-5509
furniture	and 1445 Dewey Avenue, Williamsport, Mon Sat 9-6.	570-327-3035
,	D. Expectations for Women, 854 W Third St, Wmspt - Baby furniture and products M+W 10-6, T+Th 10-7, F 10-2.	570-321-8254
	E. <u>Cribs for Kids/Pack N Play Cribs</u> for newborns, Coroner's Office, 48 W 3 rd St, Wmspt.	570-327-2305
	F. American Legion Post #1, 10 E. 3 rd St, Wmspt: (available to anyone)	570-323-9409
10.When persons need	A. Shepherd of the Streets Ministry 320 Park Ave. Williamsport. Monday - Thursday, 9 a.mNoon and 1-3 p.m. (Both counseling & referral)	570-322-6538
pastoral care	B. Sojourner Truth Ministries, 501 High Street, Wmspt. 9-3 M-F	570-323-1797
11. When	A. STEP (Limited) 2138 Lincoln St., Wmspt, 9-5 weekdays (Cap for gas) 800-844-9276	570-327-5485
persons need	B. PG Energy program (Must be on a payment plan)	800-820-8620
utility assistance	C. <u>PPL-CARE</u> (electric) (Must be on a payment plan) 8-5 weekdays Operation help program a one time payment.	800-342-5775
	D. PPL On Track Program - Through STEP Outreach Office Help for electric bills of eligible persons with reduced monthly payments	570-368-5267
	E. Salvation Army, 457 Market Street (By appointment only)	570-326-9187
	F. Am. Rescue Workers, 643 Elmira St, Wmspt (Limited) Fri-9-4 by app. Ext. 12	570-323-8401
	G. Public Utility Commission, Insure safe reliable reasonably priced electric,	
	gas, water, telephone. Their decision is final. Determination hotline:	800-692-7380

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12. When persons need medical help	A. River Valley Health and Dental Center, 471 Hepburn Street Mon-Thurs - 7:45-6:45 Fri - 7:45 - 4:45 Medical/Dental/Reproductive Health and Rural Health Care Marketplace B. Healthy Kids Help-Line Medical info and help for uninsured children (CHIPS) C. Healthy Baby Help-Line for infants and pre-natal D. Adult Health Insurance information/referral or basic insurance 570- E. Lead Information Line F. STEP Office of the Aging, 2138 Lincoln St, wmspt. In home services and referral for elderly G. Hepatitus Testing and Care - Susquehanna Health System - Call for info. H. Pennsylvania Department of Health, 1000 Commerce Park Drive I. Hearing Aids Lions Club International Hearing Program - Art Girio J. Penn College - 1 College Ave, Wmspt - Routine Dental Cleaning & Check-up K. Shepherd of the Streets, 320 Park Ave, Wmspt., Eyeglass/Dental Surgery Assistance L. PA Health Law Project, helps low income families/disabled/elderly obtain health care	570-567-5400 800-986-5437 800-986-2229 567-5400x501 800-440-5323 570-323-3096 570-321-1000 570-327-3400 570-326-1793 570-327-4500 570-322-6538 800-274-3258
13. When persons need help with prescriptions	A. Shepherd of the Street, 320 Park Ave., Wmspt. 9-12, 1-3 Mon - Thurs B. PaceNet & Pace - Office of the Aging 60+, 2138 Lincoln St., Wmspt. Weekdays 8-5 C. PA Patient Assistance Program, Dept. Of Public Assistance, 400 Little League Blvd, Wmspt. for 19-64 year olds not receiving Medicade	570-322-6538 570-323-3096 570-327-3497
14. When persons face <i>HIV/AIDS</i>	A. AIDS Resource, 500 W 3 rd St, Wmspt. 9 a.m5 p.m. Weekdays (Support services for those infected and affected with HIV or AIDS) B. PA. Department of Health, 1100 Commerce Park Dr, Suite 109 Wmspt.	570-322-8448 570-327-3400
15.When persons need transportation	A. Am. Rescue Wks, 643 Elmira St, Wmspt. Emergencies only. Limited (By appointment) B. STEP Transportation (Step Van) C. Shepherd of the Streets, 320 Park Ave., Wmspt, 9-12, 1-3 M - Th (Medical Only) D. STEP Office of the Aging, 2138 Lincoln St, Wmspt. Free bus pass for seniors 60-64 E. American Cancer Society, Road to Recovery Program (medical appts.)	570-323-8401 570-323-7575 570-322-6538 570-323-3096 800-ACS-2345
16. When persons have serious drug & alcohol problems	A. West Branch Drug and Alcohol Abuse & Tobacco Addiction Commission Case Management Unit, 213 W. 4th St. 2 Fl, Wmspt 7:30 - 4 M-F After hours call B. Psychological Services (Outpatient therapy) Bloomsburg 9-5 Weekdays C: Alcoholics Anonymous - District 48 PO Box 303, Williamsport 17701 D. AlAnon and AlaTeen Penn College, 7 pm Sun. Call for times/places of other mtgs. E. Narcotics Anonymous, PO Box 1161, Williamsport 17701 F. Susquehanna Behavioral Health, Inpatient/Outpatient, 1000 Grampian Blvd 5th Fl, Wmspt. G. White Deer Run Outpatient Treatment - 901 Westminster Drive, Wmspt I. Crossroads Counseling: 501 E 3rd St. Wmspt. M-Th 8am-9pm, F&S, 8-2 or 8 N. Grove St, Lock Haven, M-Th 8-8, F 8-1 or 444 E. College Ave Suite 460 State College, M-Th 8am-9pm, F, 8-2	570-323-8543 570-220-9299 570-389-1249 570-327-2860 800-344-2666 570-327-2678 570-320-7525 800-255-2335 570-321-6127 570-323-7535 570-893-1886 814-231-0940
17. When persons are mentally or emotionally disturbed & or suicidal	 A. Lycoming/Clinton MH/MR and Children and Youth (24 hr.) 200 East St Wmspt. B. Diakon Family Life Services, 435 W 4th St Wmspt. 8-8 M-Th, 8-5 F, Monday - Thursday 8-8, Friday - 8-4. Family, Individual, Marital & Suicide Counseling C. Suicide Hotline: National: 1-800-SUICIDE(784-2433) Lycoming Cty Crisis Int. D. Heartworks: Children's Bereavement Specialists, 1100 Grampian Blvd. Suite 383, Wmspt E. Crossroads Counseling: 501 E 3rd St. Wmspt. M-Th 8am-9pm, F&S, 8-2 or 8 N. Grove St, Lock Haven, M-Th 8-8, F 8-1 or 444 E. College Ave Suite 460 State College, M-Th 8am-9pm, F, 8-2 F. Spectrum Alliance, LGBTQ support groups, info@TheSpectrumAlliance.org 	570-326-7895 570-322-7873 570-326-7895 570-320-7691 570-323-7535 570-893-1886 814-231-0940

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18. When	A. <u>Crisis Hotline</u> 24 hour National Crisis Service	211
persons	B. Special Kids Network & Parent to Parent Information and Referral.	800-986-4550
have	Help for kids with disability/health conditions State office, Harrisburg	
a specific	C. Child Safety Seat Inspection - Free - by appointment:	570-368-5700
need	Pennsylvania State Police Montoursville Office, 899 Cherry St., Montoursville.	
	D. STEP Inc. 2138 Lincoln St, PO Box 3568, Day Care / Head Start, Weatherization, Training Programs.	800-986-4550
	E. STEP Inc. 2138 Lincoln St, Funded Child Care.	570-326-0587
	F. Roads To Freedom 24 East Third St., Wmspt. Serves disabled, M-F 8-4:30	570-601-9703
	G. North Penn Legal Svs 25 West Third St, Wmspt. 8:30 - 4:30 Weekdays	570-327-9070
	Civil cases only. Eligibility based on income and household size.	570-323-8741
	H. <u>Domestic Violence and Sexual Assault Hotline/Shelter</u> - 815 W 4 th St. Wmspt.	570-323-8167
	For victims of crimes - in crisis - With transient services for Women and Children	800-326-8483
	I. Expectations Women's Center 854 W 3 rd St (Counseling. Care & Supplies)	570-321-8254
	M & W - 10 am-5 pm, T & Th - 10 am-7 pm, F 10 am-1 pm 24 hr hotline	800-395-HELP
	J. West End Christian Comm. Ctr Limited Vouchers -diapers 901 Diamond St, Wmspt.	570-323-6297
	K. <u>Firetree Place.</u> 600 Campbell St, Wmspt	570-360-9946
	Educational, Recreational, Community pgms, for children-youth-adults	
	L. N.W.PA Optical Clinic 901 Diamond St, Wmspt. appointments needed	570-601-3399
	New prescription glasses to low/moderate income persons, \$36 starting price	
	M. North Central Sight Services 2121 Reach Rd, Wmspt., W-F 8:30-4:30 vision	570-323-9401
	O. Consumer/Advantage Credit Counseling, Mediation - advocacy - budgeting	800-922-9537
	P. <u>Hearing Loss</u> , 901 Diamond St, Wmspt 2 nd Thursdays each month	NA
	e-mail contacts only: tybergkay7376@yahoo.com	
	Q. Yokefellowship Prison Ministry, 1200 Almond Street, Williamsport	570-326-6868
	R. Habitat, 355 Rose St., Wmspt, Restore, 336 Rose St. Wmspt., 9-4 W-F, 8-3 Sat,	570-322-2515
	S. <u>Journey House</u> , Transitional housing program: New Covenant United Church of Christ	570-326-3308
	T. Maribito Housing, Inexpensive housing and links to government programs	570-329-3588
19. Additional	A. Lycoming County Clearinghouse: % ARW, 326 Bridge St, Wmspt.	570-323-8401
Resources	Information verification for providers <u>kim@arwwilliamsport.org</u>	Extension 112
	B. If you still need help finding a resource call	211
	C. Favors Forward - email: favorsforward@gmail.com www.favorsforward.weebly.com	272-209-2119



Free Meals Offered by Meal: (See information in part 1 for details)

Breakfast:

The New Love Center at Trinity UMC, JS Sojourner Truth Ministries, Wmspt. Antioch Baptist Church, Wmspt.

Lunch:

St. Anthony Center, Wmspt.
The New Love Center, Trinity UMC, JS
Sojourner Truth Ministries, Wmspt.
Antioch Baptist Church, Wmspt
Senior Center Lunches

West End CCC, Wmspt.
Trinity Episcopal Church, JS - 2nd Sundays

Golden Agers Club, Salvation Army, Wmspt. St. Mark Lutheran, Wmspt., 3rd Wednesdays

Supper

First UMC, Wmspt. Wednesdays St. Paul Calvary UMC, Wmspt. Thursdays Redeemer Lutheran Church, Wmspt, 2nd Thursdays Christ Episcopal Church, Wmspt., 1st Saturday